

Somebody Fix Me Please!: The Legend of the Magic Wand

By Giselle Felicia Vivian, BM CHT

"I don't want to love her anymore! Can't you just zap me to forget I ever knew her?" "I want to lose weight but don't want to change my diet or portions...Hypnosis can help me with that can't it? I hear it's a miracle cure!" "If you wave your magic wand over me one time, it can fix all my problems, right?" "What do you mean I have to actively participate in my healing...just wave your wand!"

Once upon a time, there was a magical healing priestess who held in her possession a most powerful healing tool. Some thought it was her Magic Wand, but she was wiser and understood it was the power of choice. The same power held within every man, woman, and child who came to her seeking wise counsel and healing. Like any power, it is how she used it in her life and with others that created the miracles of healing and positive change. The first choice was to accept that power and the responsibility that came with it. Next came the willingness to harness that power, using it consciously for the well-being of all. Like many other mystical powers, there were things to learn and practice in order to become masterful and adept. She set out to deepen her understanding and discovered that choices are made both consciously and unconsciously. She further learned that often one's conscious choice was overpowered by the powers of the subconscious mind, that unconscious chooser. Could it be that the enemy was within, sabotaging the positive desires held in the hearts of the people? As time passed the mystery unraveled and a new insight came. The subconscious mind was not purposely evil or harmful. It was utilizing its power based on the conditions presented in the life of its master. The fears and negative experiences of the past set into motion beliefs and behaviors that would sometimes overshadow the free will of the people. In many cases those beliefs actually set up behaviors that began as ways of protecting its master but over time became outmoded and never changed with the times. She learned that to truly use this power of choice for maximum benefit, she would need to align these conscious and unconscious forces, neutralizing any opposing forces. Once this was attained, she could easily empower individuals to unleash their dreams and give birth to them.

Her mastery became known far and wide, and yet, few were those who really wanted to learn the secrets that were theirs to claim, if only they too would commit to the study and practice. Instead, many would come and just want her to wave her magic wand, receive the magic and disappear into the night, only to return, or seek out the other healing priests and priestesses in like kind because the magic was only temporary. What she knew in her heart was that this gift was here for all humanity. By exercising that very precious choice one could begin the journey, learn and master the true magic of life and discover new realms of personal awareness.

Moving forward in time... Are you still a believer in the magic wand, where the power lies in the hands of another? Or will you become conscious of this power within you, assume responsibility for it, and learn to master it? I hope there comes a day when all will remove the veil of victim-hood and powerlessness in their lives. We are each given the choice for our own life. The journey and the choice are yours to make. I wish you a life story that becomes your personal magical fairy tale filled with adventure, enlightenment and happiness despite the challenges that occur in this earthly realm.

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