

Hypnotherapy Can Help You With...

Self-confidence	Depression	Pessimism
Motivation	Sports	Controlling
Assertiveness	Creativity	Double-Standard
Self-Image	Public Speaking	Social Phobia
Stress	Memory	Panic Attacks
Anger	Concentration	Temptation
Frustration	Study Habits	Hypochondria
Worry	Problem Solving	Aggression
Guilt	Stage Fright	Self-Esteem
Restlessness	Writers Block	Self-Blame
Sadness	Reach Goals	Hostility
Attitude Adjustment	Procrastination	Moodiness
Forgiveness	Change Habits	Age Regression
Relaxation	Improve Sales	Past Life Regression
Breathing	Career Success	Irrational Thoughts
Self-Awareness	Exam Anxiety	Lack of Enthusiasm
Self-Mastery	Performance Anxiety	Self-concept
Improve Health	Repressions	Lack of Direction
Burns	Perfectionism	Ulcers
Bed Wetting	Lack of Initiative	Abandonment
Sleep Disorders	Self-Expression	Amnesia
Medication Side Effects	Helplessness	Behavior
Insomnia	Hopelessness	Trauma
Pain	Overly Critical	Resistance
Chronic Pain	Exercise	Responsibility
Hiccups	Weight Control	Self-Forgiveness
Fear of Dentist	Overeating	Stubborn
Fear of Doctor	Cravings	Irrational
Fear of Surgery	Anorexia	Discouraged
Anesthesia	Bulimia	Lack of Ambition
Surgical Recovery	Addictions	Self-Control
Pre-surgical	Substance Abuse	Inferiority
Post-surgical	Fears	Superiority
Nausea	Fear of Flying	Revenge
Assist Healing	Fear of Heights	Jealousy
Impotency	Fear of Water	Rejection
Child Birth	Fear of Animals	Shame
Cramps	Fear Loss of Control	Indecision
Hot Flashes	Fear of Failure	Resistance to Change
Sexual Problems	Fear of School	Self-Hypnosis
Premature Ejaculation	Fear of Success	Insecurity
Inhibition	Fear of Death	Mistrust
Thumb Sucking	Phobias	Sweating
Swallowing	Agoraphobia	Victimization
Lower Blood Pressure	Obsessions	Abuse
Back Pain	Passive-Aggressive	Dyslexia
Headaches	Obsessive-Compulsive	Biofeedback
Immune System	Negativism	Gagging
Skin Problems	Death or Loss	Withdrawal
Snoring	Stuttering	Relationships
Warts	Communication	Hair Twisting
Smoking	Self-Defeating Behaviors	Being Late
Hypertension	Self-Defeating Attitudes	Gambling
Nail Biting	Self-Criticism	Dreams
Tics	Irritability	Nightmares
Anxiety	Divorce	

Learn more at www.gisellefelicivivian.com